

# **SHOT PERFECT SHOOTING CAMP & SCHOOL/TEAM/CLUB SPONSORED SYLLABUS**

## **Section One**

Pre-camp Video Taping/Shooting Test  
Introductions - About the Shot Analyst and Assistant(s)  
What is Shot Perfect  
Rules and Regulations

## **Section Two**

### **CLASSROOM**

The Shot Perfect™LLC Technique  
Problem Identification & Problem Solving Solutions  
Introduction: Clock & Roll Back  
Short Break – 5 min.  
Pre-camp Video Review

## **Section Three**

Practice Session/Video Taping with self-analysis  
Developmental Drills  
(wrist, wall, feet, head, wall, away from wall)  
Intro to Jump Shooting with drills  
Intro to Post moves with drills  
20/30 min. B R E A K

## **Section Four**

TUNE-UP Camp Information  
Camp post-test & Camp evaluation & Pictures  
Championship game of Roll Back with Award Presentation